

# **Novel Approaches to Patient Dosimetry Measurements in Radiotherapy and Interventional Radiology: The role of in vivo dosimetry. Part 2**

## **Interventional Radiology**

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# **Fluoroscopically-guided Interventions**

## **Interventional Radiology**

- ▲ **Cardiology**
- ▲ **Neurology**
- ▲ **Vascular Surgery**
- ▲ **Urology**
- ▲ **Orthopedic Surgery**
- ▲ **Obstetrics and Gynecology**
- ▲ **Gastroenterology and Hepato-biliary System**
- ▲ **Anesthesiology and Pain Management**

# Interventional Procedures

**Diagnostic**

**Therapeutic**



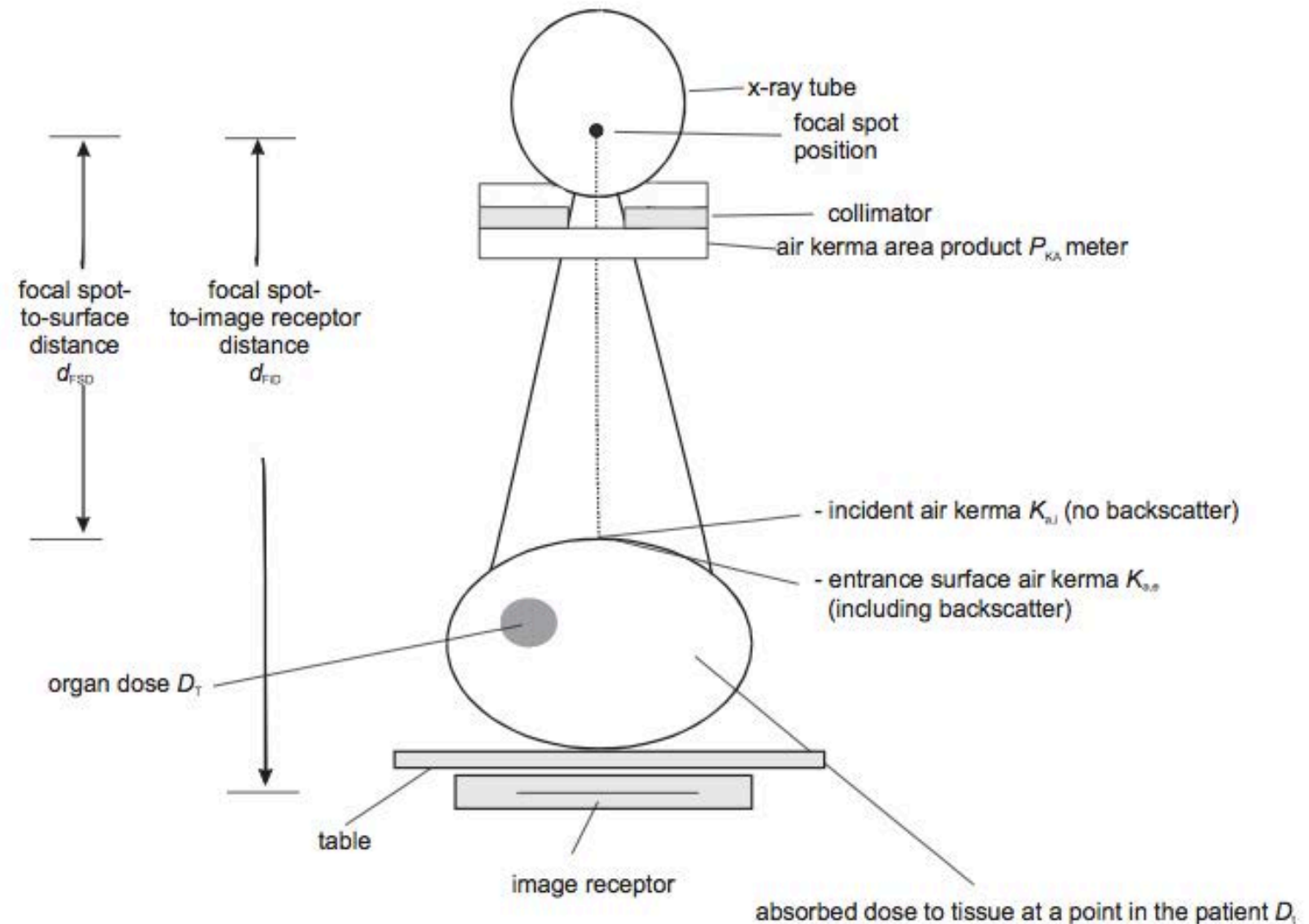






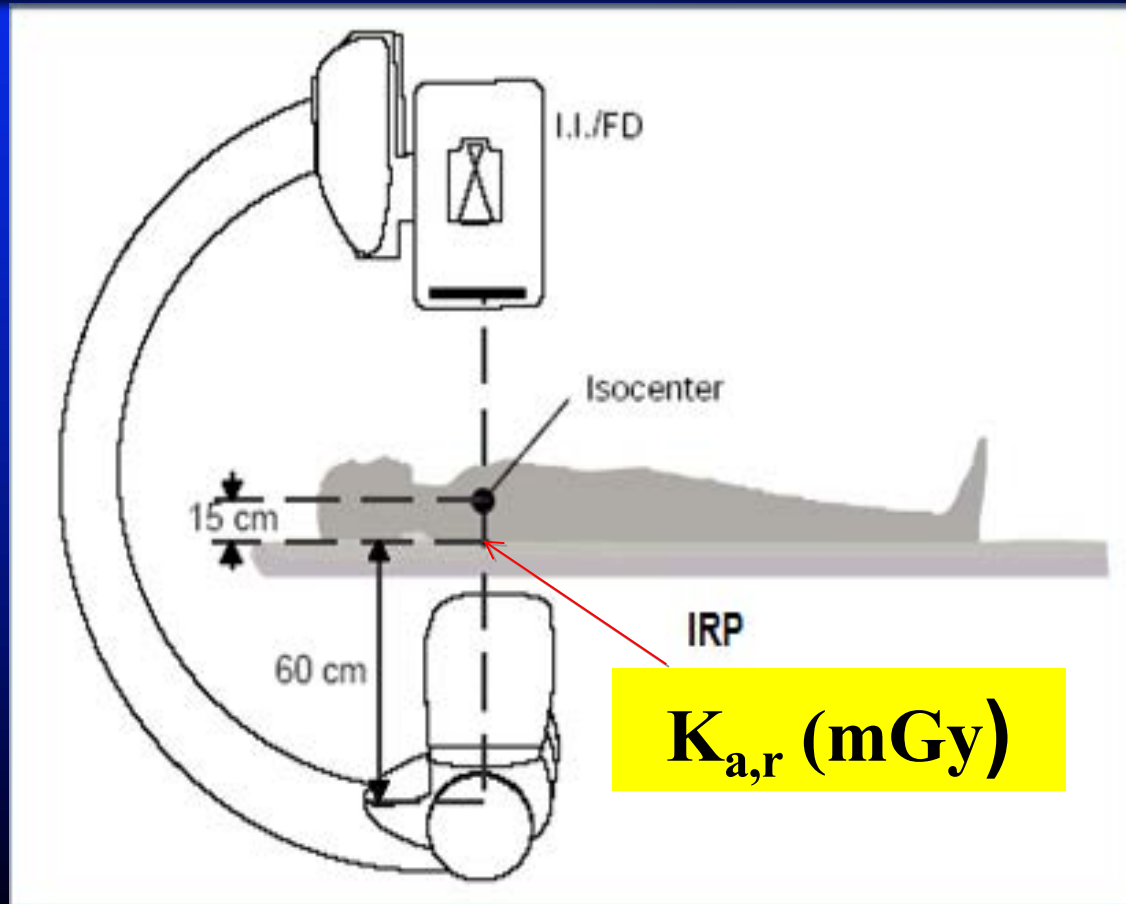
# Dosimetric and Geometric Quantities for Determination of Patient Dose (ICRU 74, 2005)

$P_{KA}$  represents the integral of air kerma across the entire x-ray beam emitted from the x-ray tube. Its units are  $\text{Gy cm}^2$ .



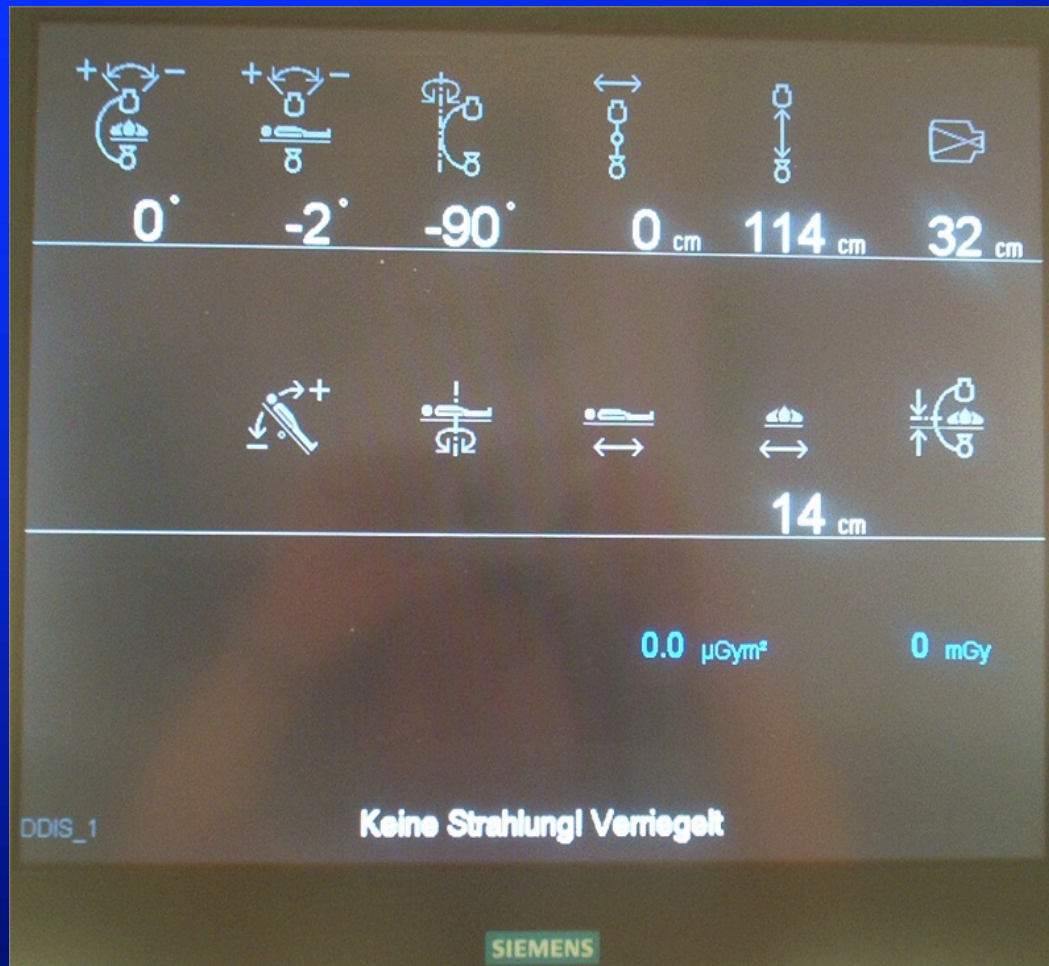
**( $K_{a,r}$ )**

**“Interventional reference point”, “Cumulative reference point air kerma”, “Cumulative dose”, “Patient entrance reference point”**



**$K_{a,r}$  approximates  $K_{a,e}$  for adult patients undergoing cardiac interventions, but overestimates it for patients in cerebrovascular interventions.**

**IEC 60601-2-43, 2000 & NCRP 168, 2010**



## Room Monitor Display (Siemens System)





## **Radiation Measurements**

In air

In/On Phantom

On Patient

## **Radiation Instrumentation**

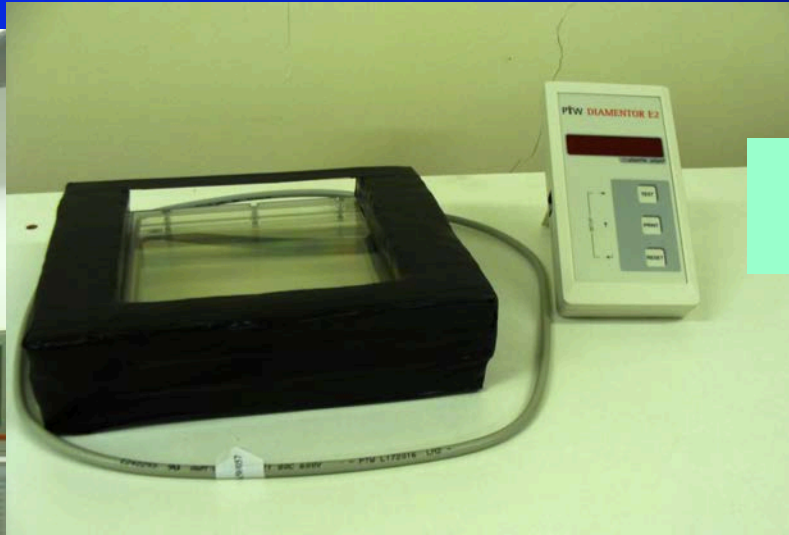
Ion Chamber

Film: Silver Halide  
and Radiochromic

Diodes

TLD, OSL

**DIRECT**



**Determination of  $P_{KA}$**

**INDIRECT**



**X Ray tube output  
Imaging parameters**

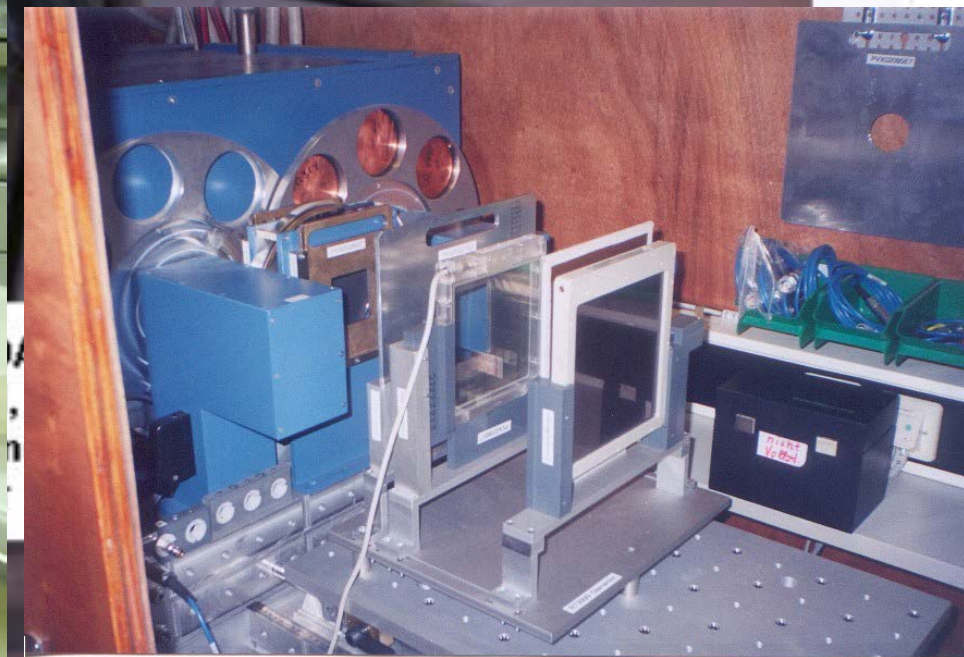


**$K_{a,i}$**



**Rad area**

**$P_{KA}$**



**Manufacturer's calibration: <10% uncertainty**

**HJ Khoury, 2009**

IAEA NAHU No. 24

# DOSIMETRY IN DIAGNOSTIC RADIOLOGY FOR PAEDIATRIC PATIENTS

2013

TABLE 3. UNCERTAINTIES FOR FLUOROSCOPY MEASUREMENTS

	Scenario 1	Scenario 2	Scenario 3
Description of scenario	Determination of entrance surface air kerma rate $\dot{K}_e$ using a phantom, applying air density and beam quality correction	Determination of entrance surface air kerma rate $\dot{K}_e$ using a phantom, no manual corrections applied	Measurement of $P_{KA}$ during patient fluoroscopy, $P_{KA}$ chamber calibrated in situ
Uncertainty ( $k=2$ ) in dosimetric quantity due to:			
Intrinsic error of dosimeter	3.2%	3.2%	>3.2%
Calibration coefficient $N_{K,Q_0}$	1.6%	1.6%	1.6%
Long term stability of dosimeter reading	1%	1%	1%
Difference in beam qualities between calibration and clinical use	3%	6%	>20%
Field size/field inhomogeneity	2%	2%	5%
Distance measurements and correction	4%	4%	—
Scatter radiation	3%	3%	—
Kerma rate*	5%	5%	5% or greater
In situ calibration of $P_{KA}$ chamber	N/A	N/A	7.5%
Difference in table attenuation compared to in situ calibration point due to varying beam hardness (under couch systems)	N/A	N/A	15%
Air density correction:	0.2%	2%	2%
Pressure	0.5%	2%	5%
Temperature			
Electromagnetic compatibility and humidity; other uncertainties estimated <1% each	2%	2%	2%
Backscatter factors	5%	5%	N/A
Combined expanded ( $2\sigma$ ) uncertainty in $\dot{K}_e$ or $P_{KA}$	10%	12%	24%

\* Instruments should be checked for the range of dose rates over which their calibration is valid, and an appropriate uncertainty determined.



# Tolerances

- FDA(2009)
  - $K_{a,r}$  shall not deviate  $> \pm 35\%$  for  $> 100$  mGy
- IEC(2000)
  - $K_{a,r}$  shall not deviate  $> \pm 50\%$  for  $> 100$  mGy
  - $P_{KA}$  shall not deviate  $> \pm 50\%$  for  $> 2.5$  Gy-cm<sup>2</sup>
- IEC(2010)
  - $K_{a,r}$  shall not deviate  $> \pm 35\%$  for  $> 100$  mGy
  - $P_{KA}$  shall not deviate  $> \pm 35\%$  for  $> 2.5$  Gy-cm<sup>2</sup>

# Protection Dosimetry – Interventional Radiology

▲ Stochastic Effects

▲  $P_{KA}$

Diagnostic Reference Levels in terms of  $P_{KA}$

▲ Deterministic Effects

▲ Maximum (Peak) Organ Dose

- Skin
- Eye Lens

Patient Follow-up

Peak Skin Dose: 3 Gy (ICRP, NCRP), 15 Gy (U.S. TJC)

Cumulative Air Kerma: 5 Gy;  $P_{KA}$ : 500 Gy cm<sup>2</sup>; Fluoroscopy Time: 60 min (NCRP)

# Threshold doses for approximately 1% morbidity incidence

ICRP 118, 2012

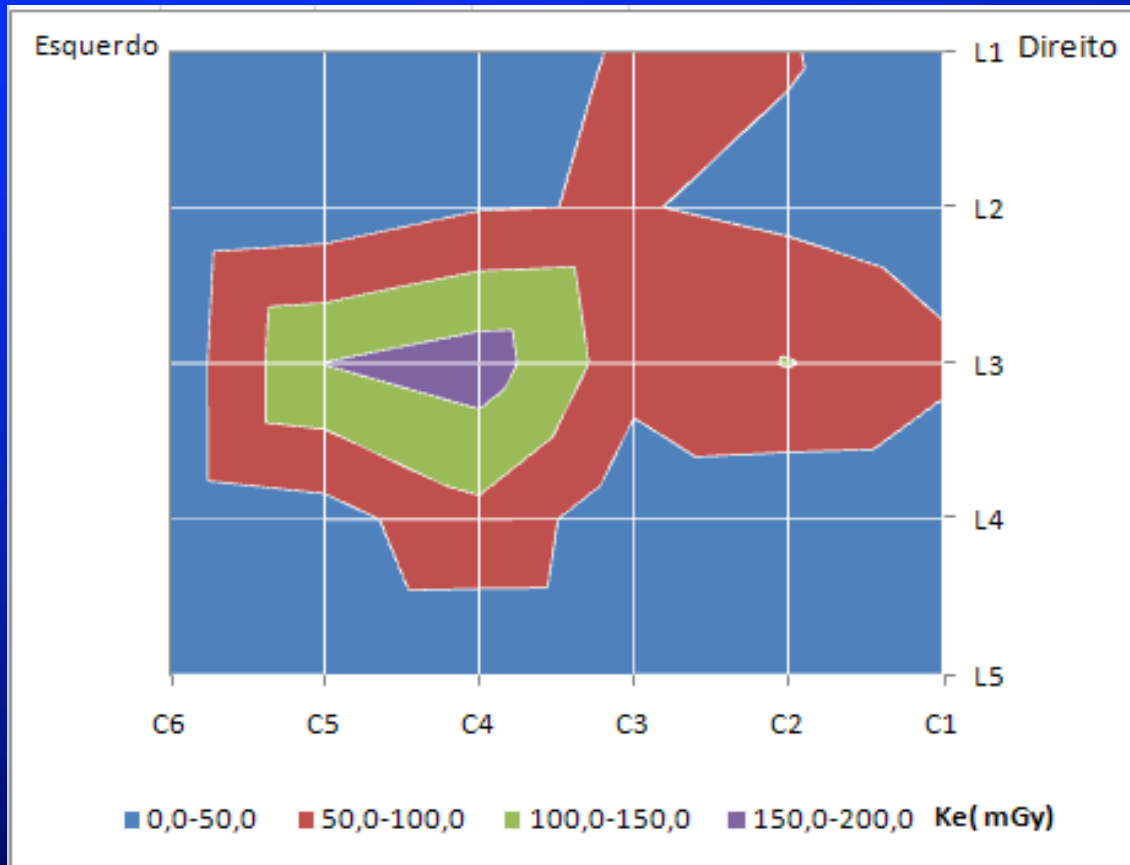
Effect	Organ/tissue	Time to develop effect	Acute exposure (Gy)	Highly fractionated (2 Gy per fraction) or equivalent protracted exposures (Gy)	Annual (chronic) dose rate for many years ( $\text{Gy y}^{-1}$ )
Main phase of skin reddening	Skin (large areas)	1-4 weeks	<3-6	30	NA
Skin burns	Skin (large areas)	2-3 weeks	5-10	35	NA
Temporary hair loss	Skin	2-3 weeks	~4	NA	NA
Late atrophy	Skin (large areas)	> 1 year	10	40	NA
Telangiectasia @ 5 years	Skin (large areas)	> 1 year	10	40	NA
Cataract (visual impairment)	Eye	>20 years	~0.5	~0.5	~0.5 divided by years duration



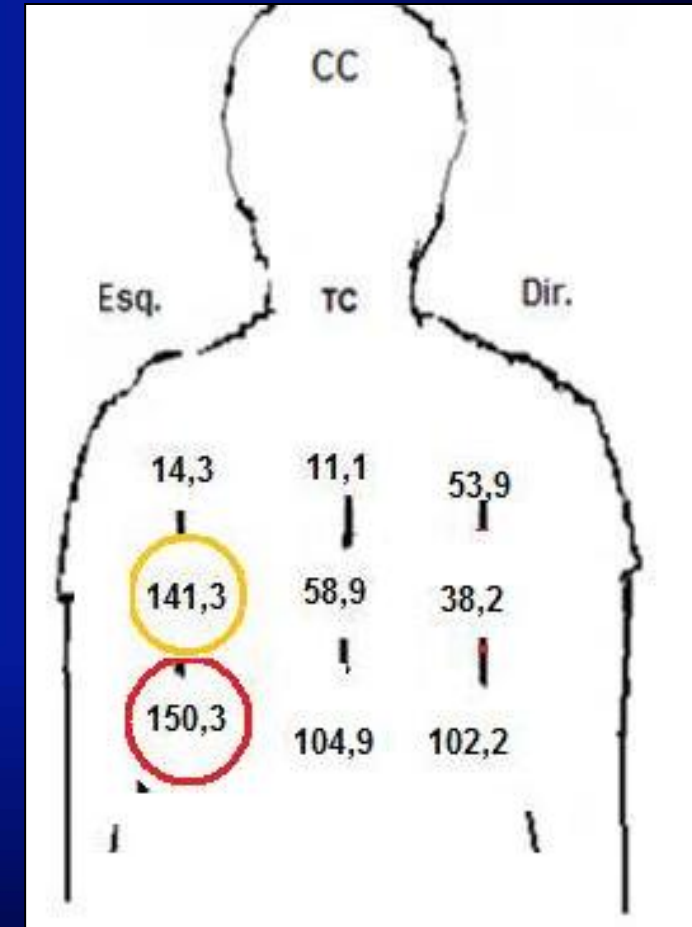
# Organ Dose Determination

- ▲ **Direct Radiation Measurements**
- ▲ **Table Look Up**
- ▲ **Calculations from Fluoro System Dose Metrics**
  - **and/or ‘Dose Report’**
- ▲ **Monte Carlo Simulations using Patient and Radiation Transport Modeling**
- ▲ **DICOM information**
  - **DICOM Header**
  - **DICOM Services**
    - **e.g. modality performed procedure step (MPPS)**
  - **Radiation Dose Structured Report (RDSR)**
  - **Patient-RDSR (P-RDSR)**

# Skin Dose Measurements - TLD



Matrix of TLDs placed on a sheet  
under a patient undergoing a  
cardiac interventional procedure



TLDs placed directly  
on a patient's back

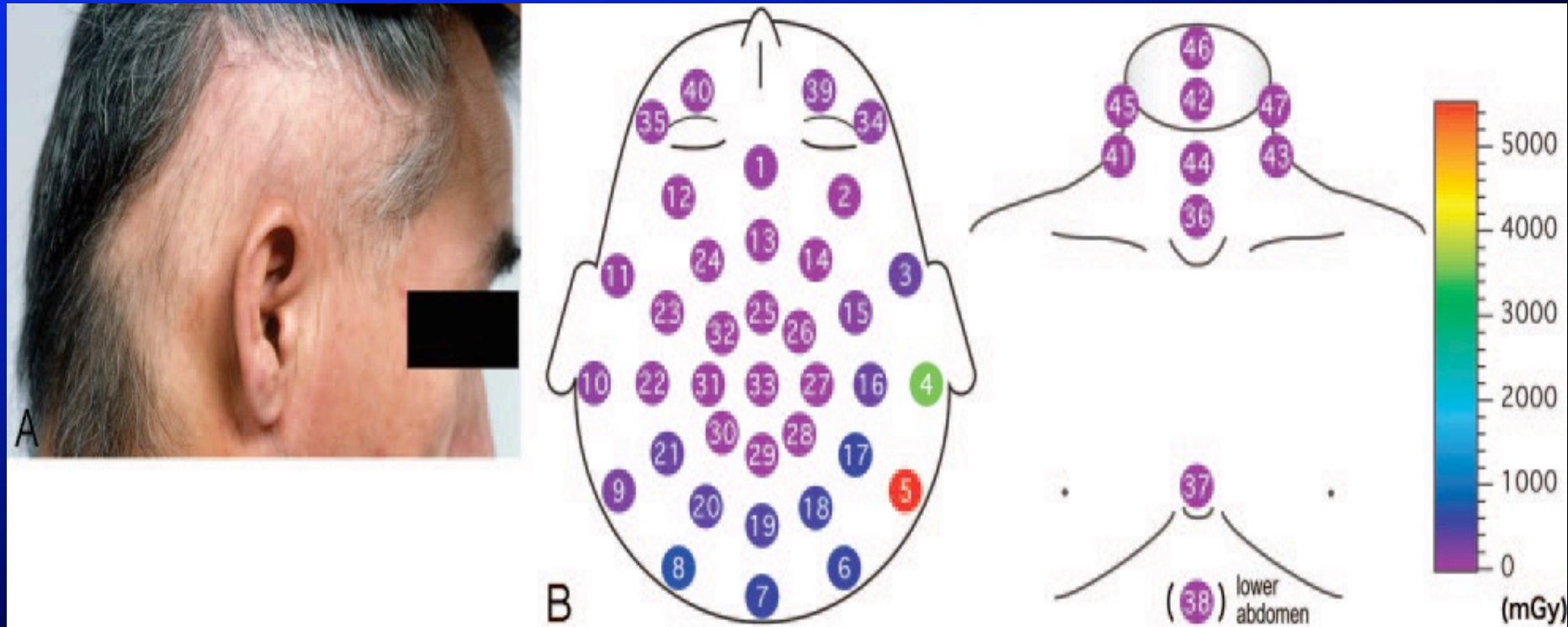
# Placement of Radiosensitive Indicators

## Skin Dose Assessment - Neuroembolization





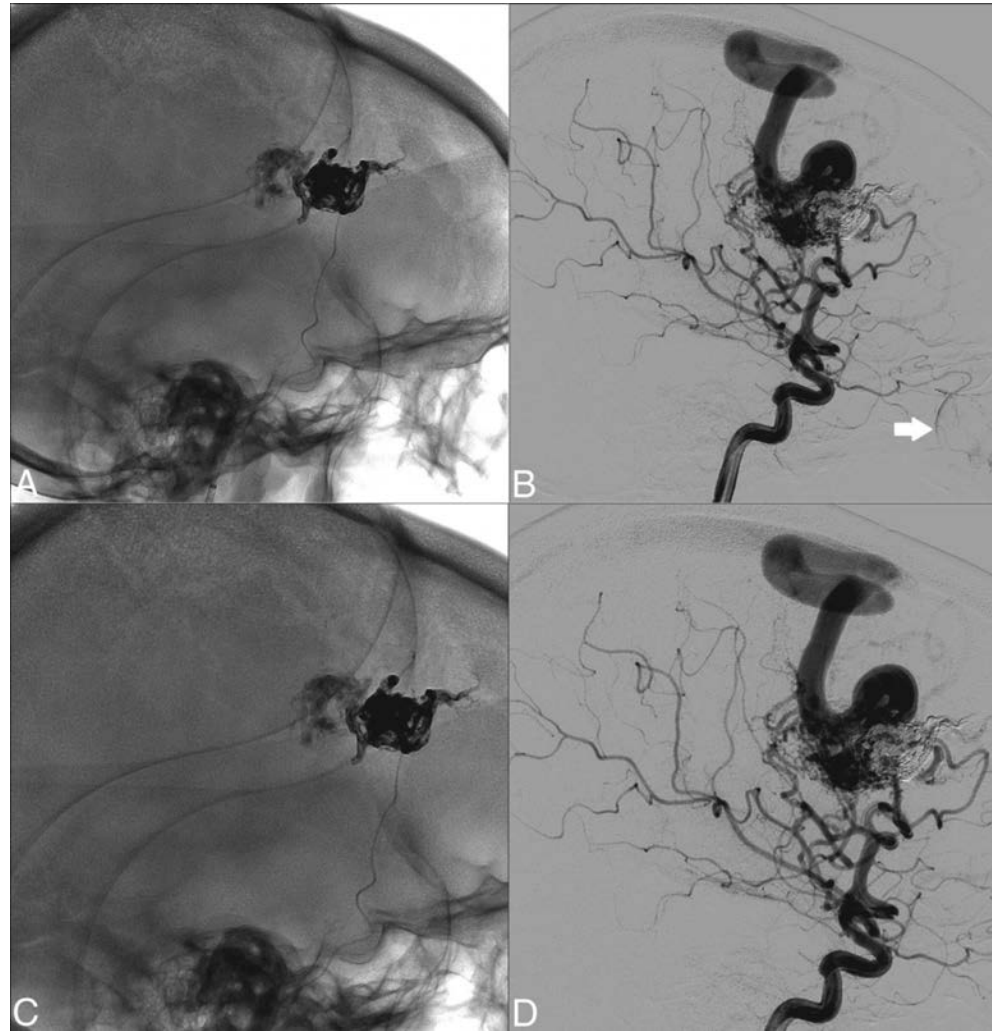
# Matrix of Photoluminescent Dosimeters



Cerebral embolization

Moritake et al, 2008

**A and B, Nonoptimal lateral projection without and with subtraction where the left eye is irradiated.**



**R.M. Sánchez et al. AJNR Am J Neuroradiol 2016;37:402-407**

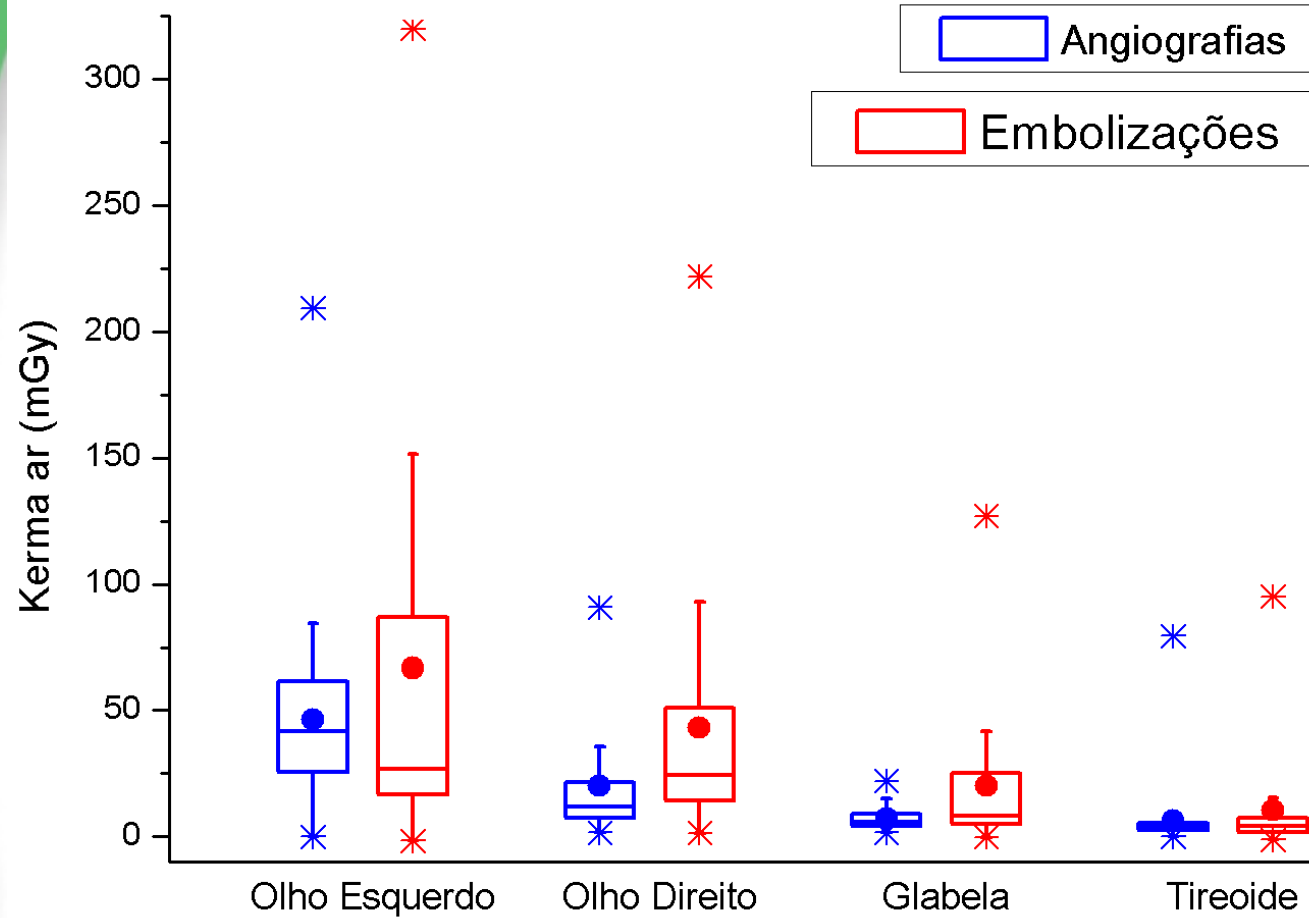
## Position of the OSL dosimeters on patient eyes.



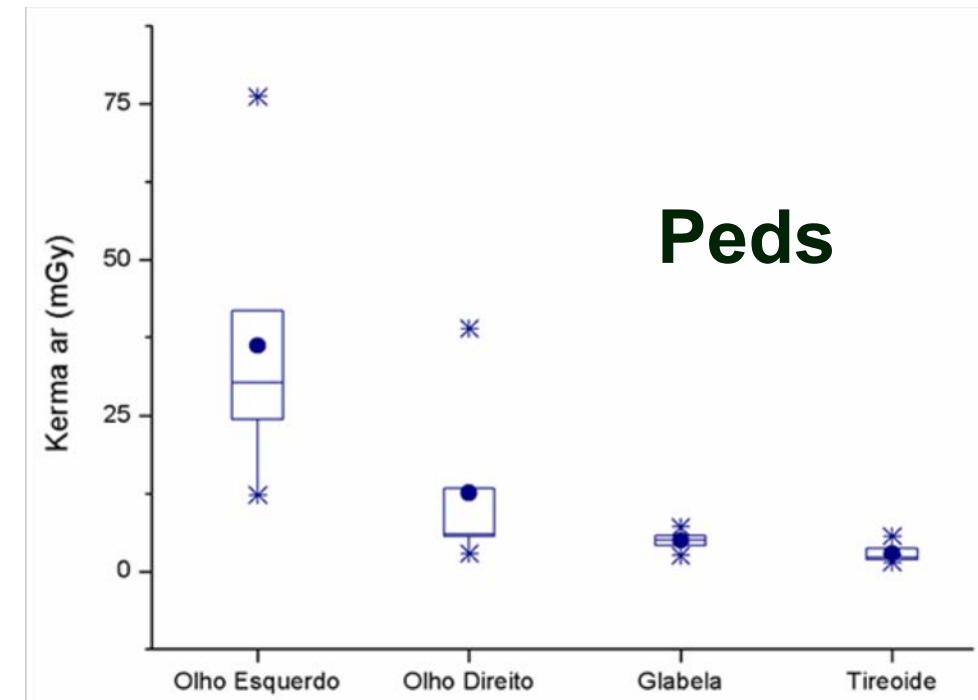
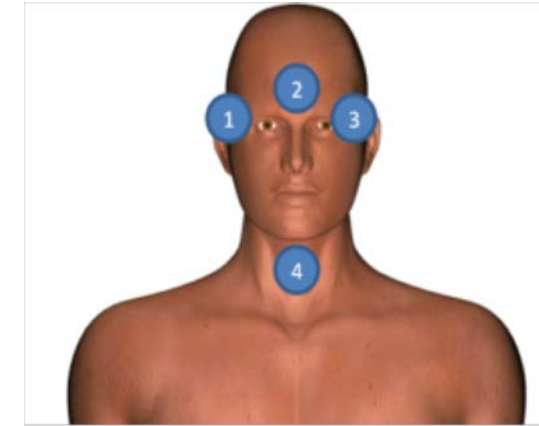
R.M. Sánchez et al. AJNR Am J Neuroradiol 2016;37:402-407



# TLDs nos órgãos

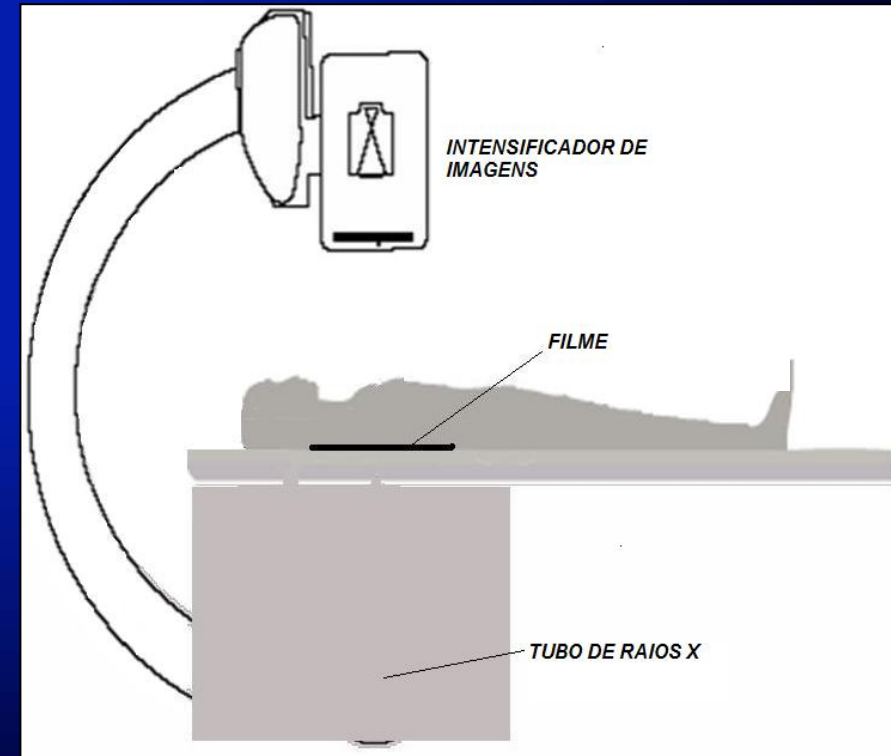


**Adultos**



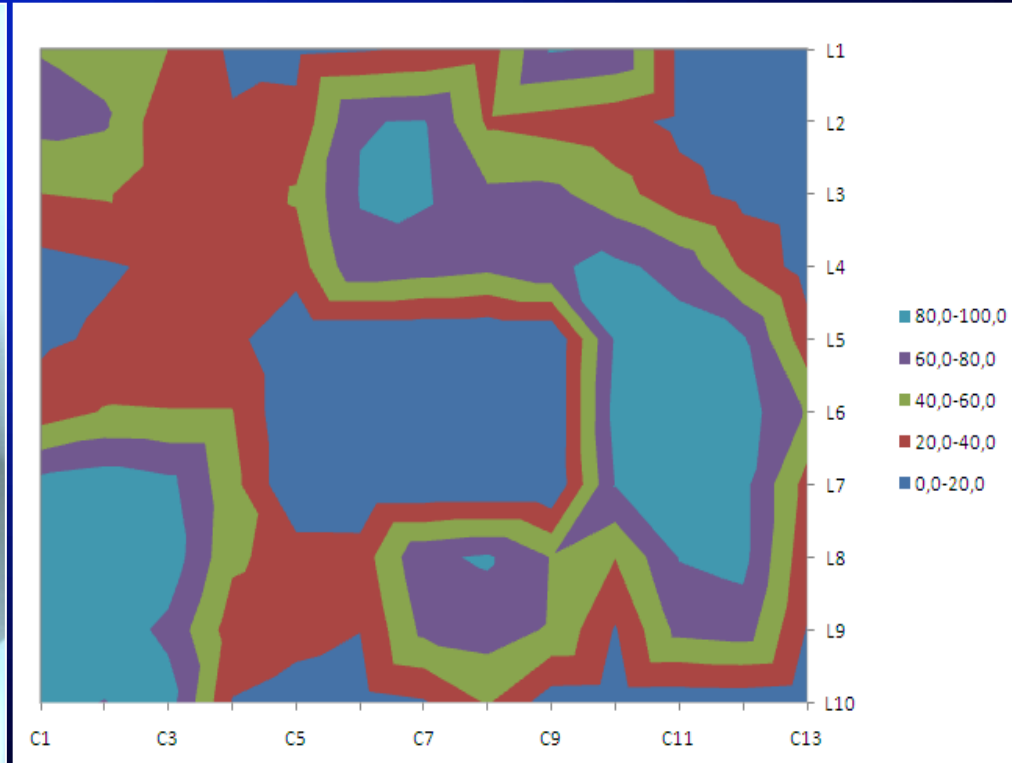
**Peds**

# In Interventional Exams, Maximum Skin Dose and $P_{KA}$ can be Determined with Film: Silver Halide and Radiochromic



**Film Position (Cardio)**

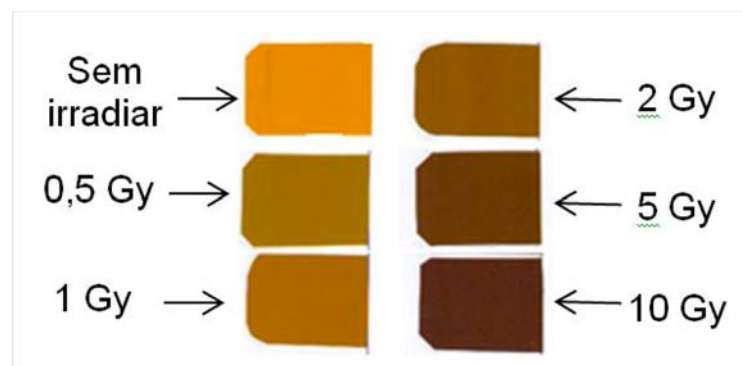
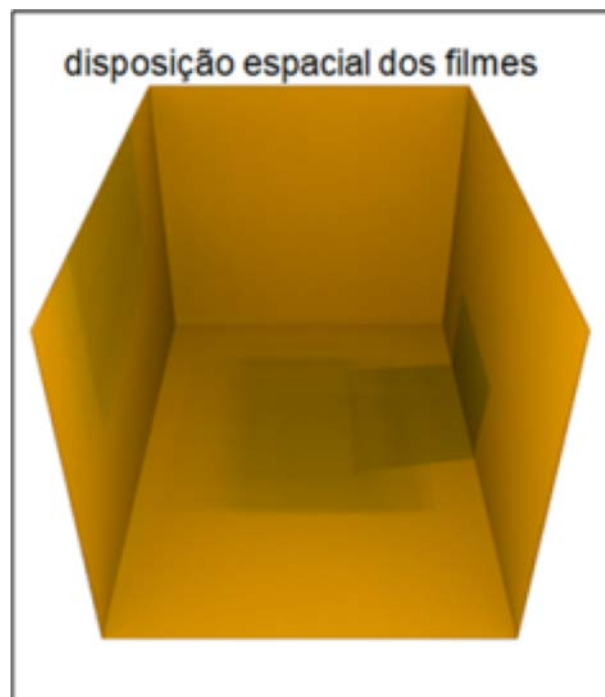
# Measurements with Silver Halide Film



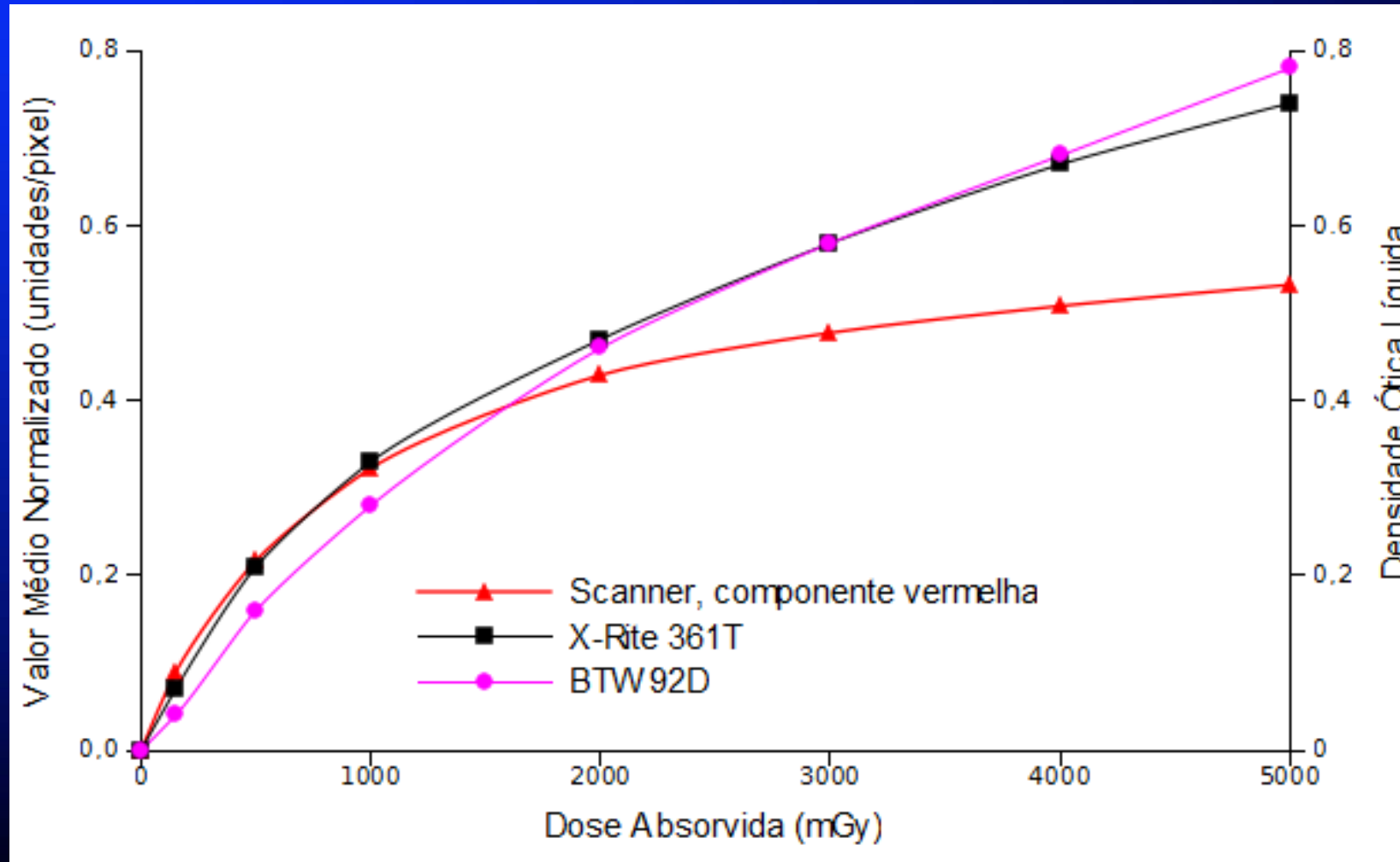




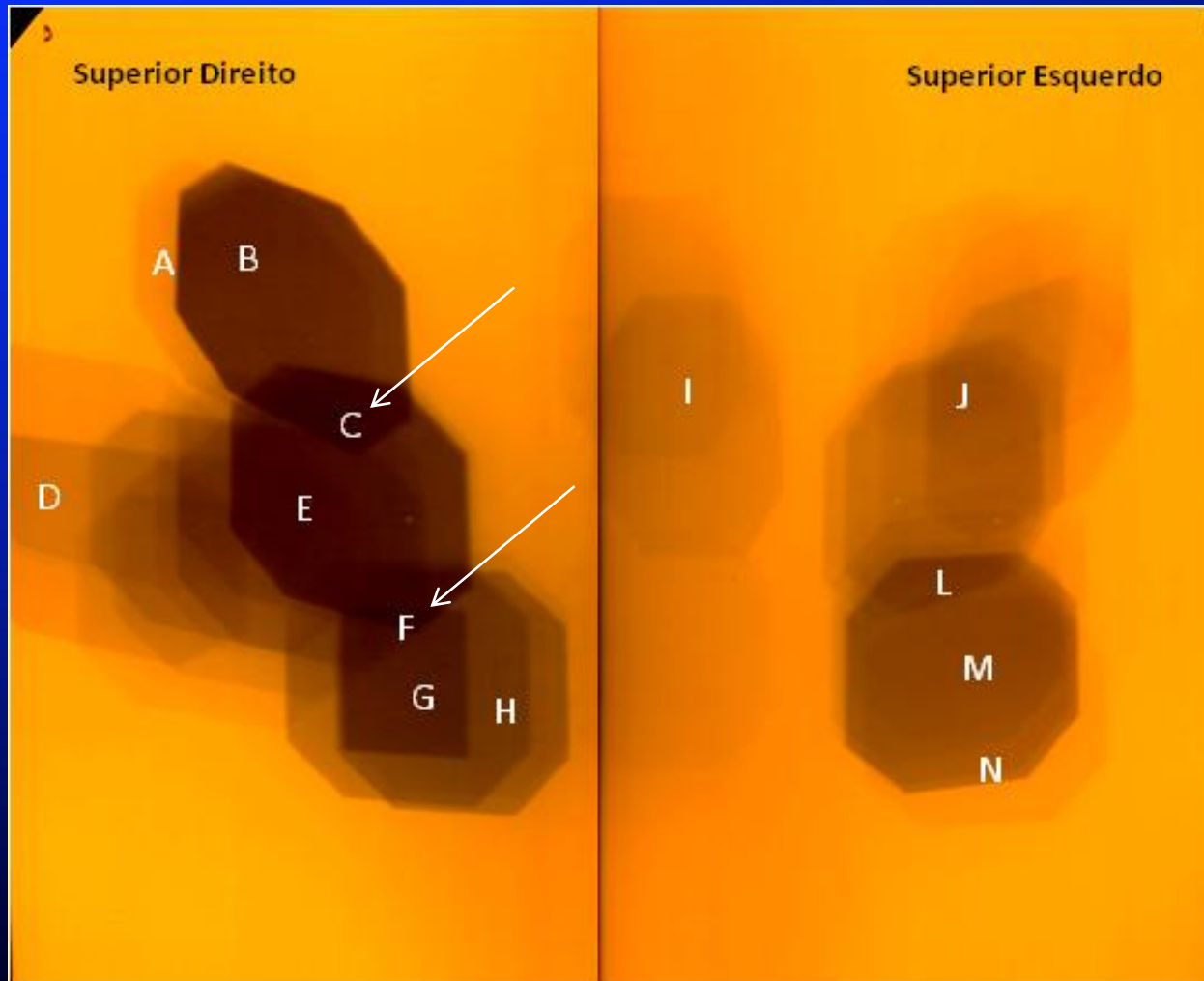
# Filmes Radiocrômicos (Neuro)



# Curvas de Calibração com scanner e densitômetros



# Coronary Angioplasty Results



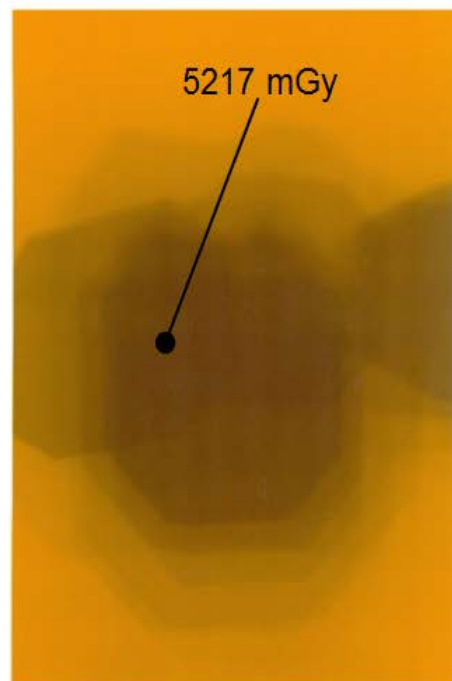
Silva et al., 2009

Loc	Dose (Gy)
A	0,43
B	2,27
C	3,92
D	0,57
E	3,56
F	3,97
G	2,28
H	1,39
I	0,41
J	0,9
L	1,39
M	1,22
N	0,28





## Neuroradiology Interventions - Results



Malformação Vascular – Posterior



Malformação Vascular – Posterior

Aneurisma – Lado esquerdo

# Skin Dose ( $D_T$ ) Calculations

$$K_{a,e} = K_{a,r} f_{\text{table}} (\text{SRD}/\text{SSD})^2 \text{BSF}$$

$$D_T = K_{a,e} \left( \frac{\mu_{\text{en},T}}{\rho} / \frac{\mu_{\text{en},a}}{\rho} \right) \simeq K_{a,e} 1.06$$

$K_{a,e}$ : Entrance surface Air Kerma

$K_{a,r}$ : Air Kerma at Reference Point

$f_{\text{table}}$ : Table and pad attenuation factor

SRD: Source-reference distance

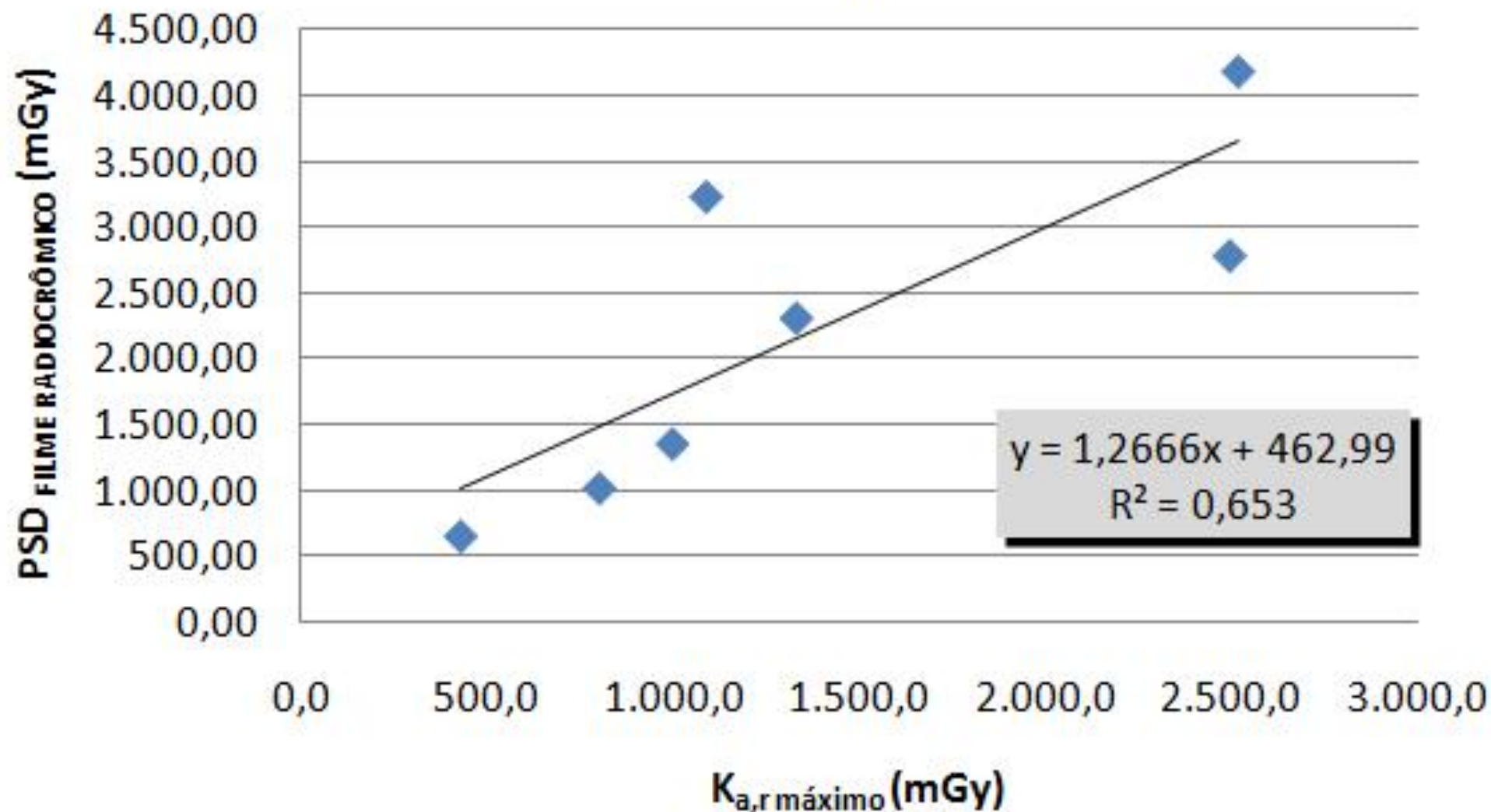
SSD: Source-entrance surface distance

BSF: Back scatter factor

$\mu_{\text{en},T}/\rho$ : Skin  
mass energy absorption coefficient

$\mu_{\text{en},a}/\rho$ : Air  
mass energy absorption coefficient

## PSD vs $K_{a,r}$ máx





# Organ Dose Determination

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- ▲ **DICOM information**
  - **DICOM Header**
  - **DICOM Services**
    - **e.g. modality performed procedure step (MPPS)**
  - **Radiation Dose Structured Report (RDSR)**
  - **Patient-RDSR (P-RDSR)**

**1: 15 Coronary**

Run 1 - Frame 35 / 110

IMIP.INSTITUTO MAT. INFANTIL  
74kV, 755mA, 7s

LAO -25,8°  
Cranial -24,6°

L 128  
W 255

9:38  
25/07/2007

DICOM Information

Tag	Attribute Name	Attribute Value
(0010,0020)	Patient ID	2891
(0010,0030)	Date of Birth	15/09/1951
(0010,0040)	Patient Sex	M
(0018,0060)	kVP	74
(0018,1020)	Software Versions	7.7.1, 5.3.1, 3.3.2
(0018,1030)	Protocol Name	15 Coronary
(0018,1063)	Frame Time	66,666664
(0018,1066)	Frame Delay	0
(0018,1110)	Distance Source to Detector	1149
(0018,1150)	Exposure Time	7
(0018,1151)	X-ray Tube Current	755
(0018,1155)	Radiation Setting	GR
(0018,1162)	Intensifier Size	169,99998
(0018,1500)	Positioner Motion	STATIC

# DICOM RDSR from Philips (rooms 3-4 San Carlos Hospital)

Radiation Dose Structured Report 67: pages, 30 runs of fluoro + 10 runs of cine; all technical, dose and geometry details included (part 3 Fluoro example)

## Irradiation Event X-Ray Data

**Acquisition Plane** : Single Plane

**Date Time Started** : 2013-08-12, 12:51:07.958

**Irradiation Event Type** : Fluoroscopy

**Reference Point Definition** : 15cm below BeamIsocenter

**Irradiation Event UID** :

1.3.46.670589.28.3711502481496.20130812125107317.1

**Dose Area Product** = 1.8E-06 Gy.m<sup>2</sup>

**Dose (RP)** = 0.00017185537709Gy

**Positioner Primary Angle** = 1.6 °

**Positioner Secondary Angle** = -0.1°

## X-Ray Filters

**X-Ray Filter Type** : Strip filter

**X-Ray Filter Material** : Copper or Copper compound

**X-Ray Filter Thickness Minimum** = 0.9 mm

**X-Ray Filter Thickness Maximum** = 0.9 mm

## X-Ray Filters

**X-Ray Filter Type** : Strip filter

**X-Ray Filter Material** : Aluminum or Aluminum compound

**X-Ray Filter Thickness Minimum** = 1 mm

**X-Ray Filter Thickness Maximum** = 1 mm

**Fluoro Mode** : Pulsed

**Pulse Rate** = 7.5 pulse/s

**Number of Pulses** = 11no units

**X-Ray Tube Current** = 120 mA

**Distance Source to Isocenter** = 765 mm

**KVP** = 97.97 kV

**Pulse Width** = 9.2 ms

**Irradiation Duration** = 1.466 s

**Patient Table Relationship** : headfirst

**Patient Orientation** : recumbent

**Patient Orientation Modifier** : supine

**Target Region** : Chest

**Number of Frames** = 11no units

**SubImages per Frame** = 1 no units

## Wedges and Shutters

**Bottom Shutter** = 82.5mm

**Left Shutter** = 82.5mm

**Right Shutter** = 82.5mm

**Top Shutter** = 82.5mm

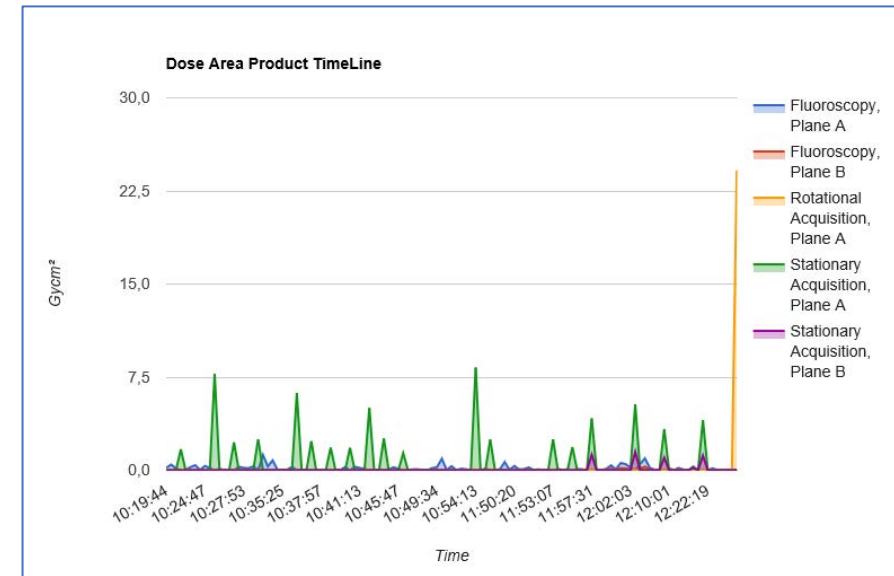
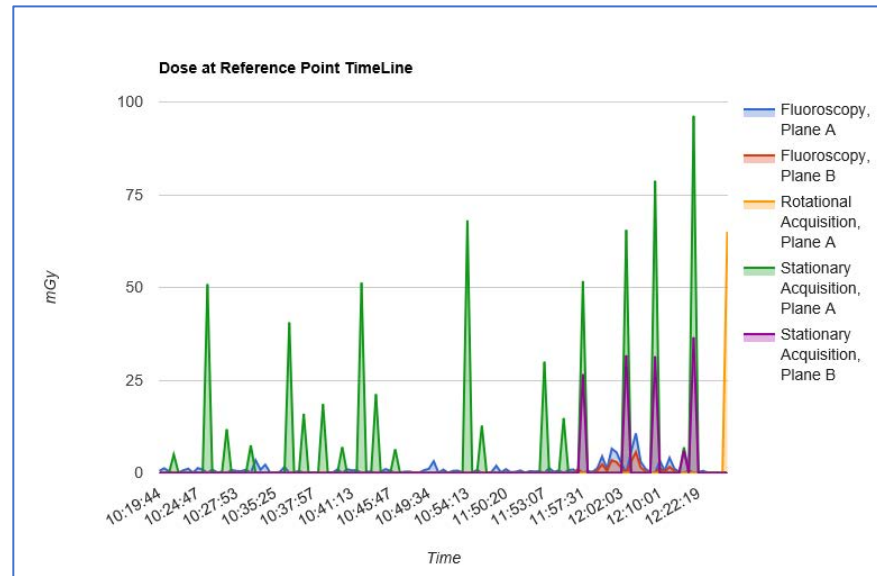
## Beam Position

**Longitudinal Beam Position** = 1562mm

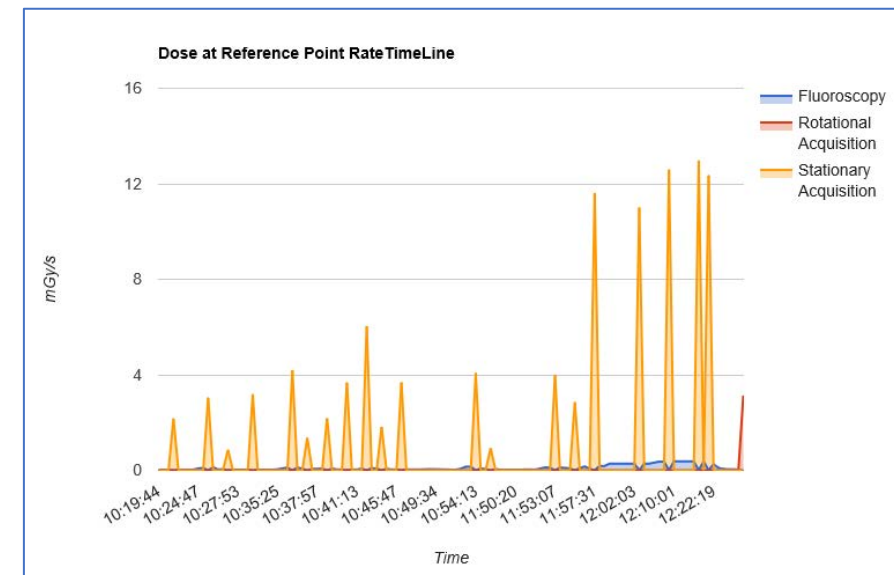
**Beam Angle** = 0 °

**Table Height Position** = 920 mm

# Study level – summary of a procedure II



Sample of the graphical representation of DICOM RDSR data of a neuro-interventional study carried out in a bi-plane cath-lab, that allows to see the different fluoroscopy and acquisition modes used during the procedure.





# X Ray Data Irradiation Events

DICOM RDSR

Date equals 23/12/2015. Time equals 10:42:26. Acc Number equals 14949329. Description equals Cardíaca. DAP (cGycm<sup>2</sup>) equals 419,14. RP Dose (mGy) equals 9.330,50.

Acquisition Protocol	Time	Irradiation Type	DAP (cGyc m²)	RP Dose (mGy)	Primary Angle	Secondary Angle	kVp	Tube Current (mA)	Exposure Time (ms)	Isocenter (mm)	Fluoro Mode	Pulse Rate	Pulse Width (ms)	Table Height (mm)	Irradiation Duration (s)	Frames	Images per Frame	Target Region
→	12:17	Stationary Acquisition	1,14	31,02	30,5	-2,5	93	764,8	0	765		0,0	0	8,1	860	2,00	30	1 Chest
	12:17	Fluoroscopy	0,02	0,48	30,5	-2,5	120	120,0	0	765	Pulsed	7,5	8	10	860	1,07	8	1 Chest
→	12:17	Stationary Acquisition	0,21	5,50	30,5	-2,5	86	833,0	0	765		0,0	0	7,6	860	0,40	6	1 Chest
	12:18	Fluoroscopy	0,12	2,76	30,5	-2,5	120	120,0	0	765	Pulsed	7,5	48	10	860	6,40	48	1 Chest
	12:18	Fluoroscopy	0,19	4,25	30,5	-2,5	120	120,0	0	765	Pulsed	7,5	80	10	860	10,67	80	1 Chest
	12:18	Fluoroscopy	0,01	0,20	30,5	-2,5	113	120,0	0	765	Pulsed	7,5	4	10	860	0,53	4	1 Chest
	12:18	Fluoroscopy	0,06	1,43	30,5	-2,5	112	120,0	0	765	Pulsed	7,5	31	10	860	4,13	31	1 Chest
→	12:18	Stationary Acquisition	1,22	33,02	30,5	-2,5	84	853,2	0	765		0,0	0	7,4	860	2,47	37	1 Chest
	12:18	Fluoroscopy	0,05	1,27	30,5	-2,5	119	120,0	0	765	Pulsed	7,5	28	10	860	3,73	28	1 Chest

Nº secuen. | Nº imágenes | | Tiempo hh:mm | Velocidad-ips | kV | mA mAs | ms | PDA [mGycm<sup>2</sup>] | Ka [mGy] | Rotación | Angulación | DFI [cm] |

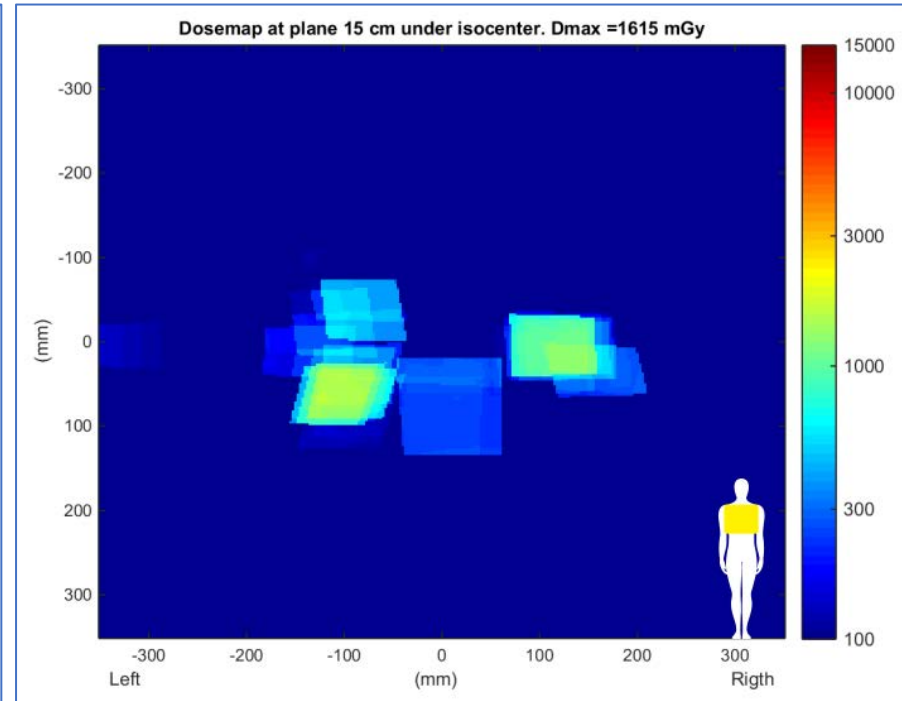
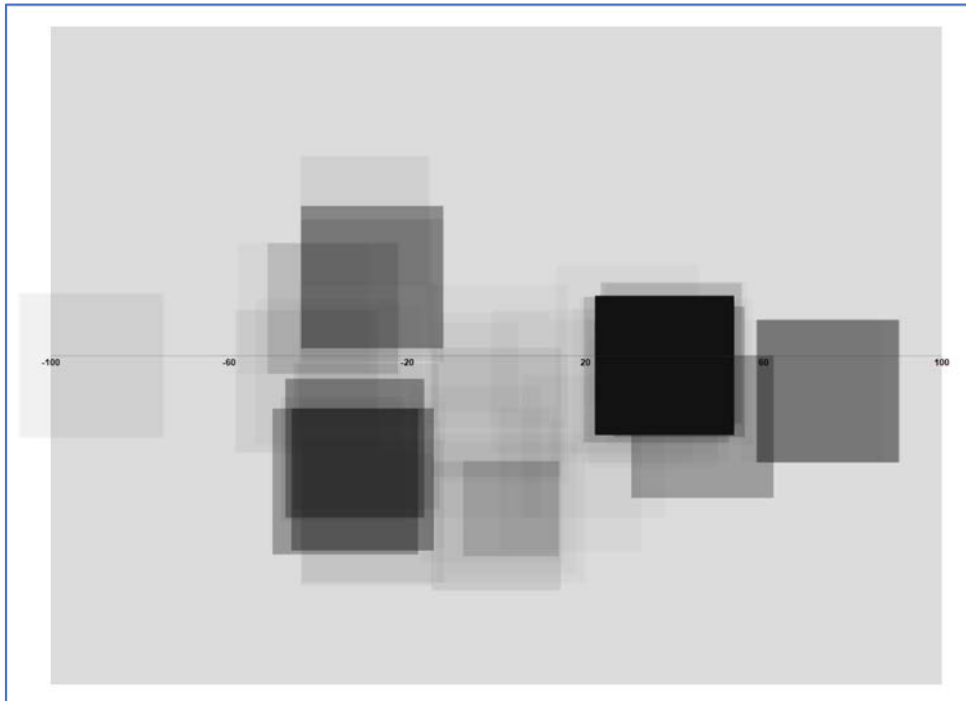
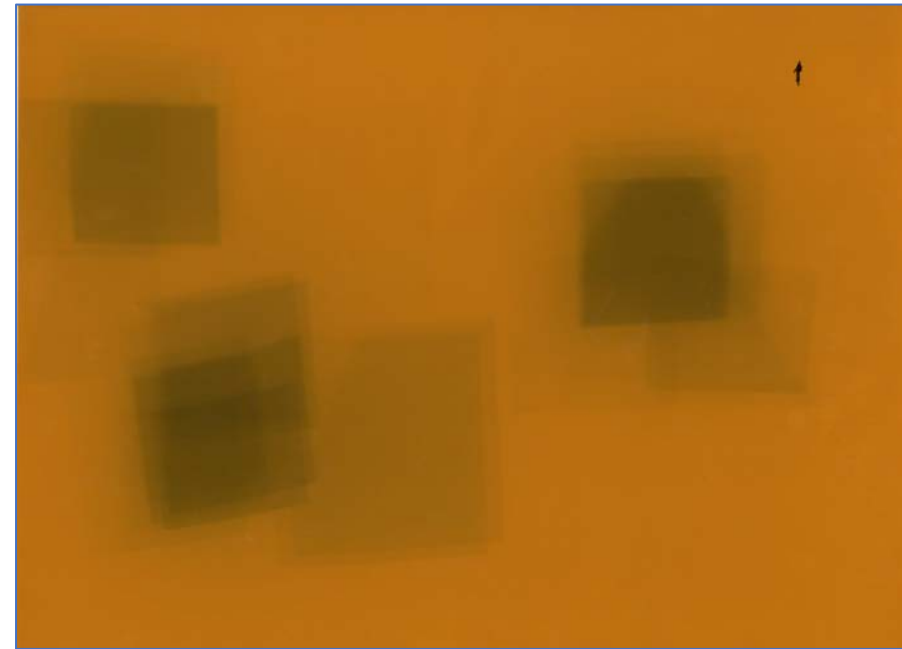
Standard dose report

20	30	Coronaria izda 15 ips	12:17	15	93														
OAI 31	CRAN 3	107																	
21	6	Coronaria izda 15 ips	12:17	15	86	833	8									214	5.50		
OAI 31	CRAN 3	107																	
22	4	Fluoroscopia	12:18	7.5	113	14										9.0	0.20		
OAI 31	CRAN 3	107																	
23	37	Coronaria izda 15 ips	12:18	15	84	853	7									1216	33.02		
OAI 31	CRAN 3	107																	

# Skin Dose Maps

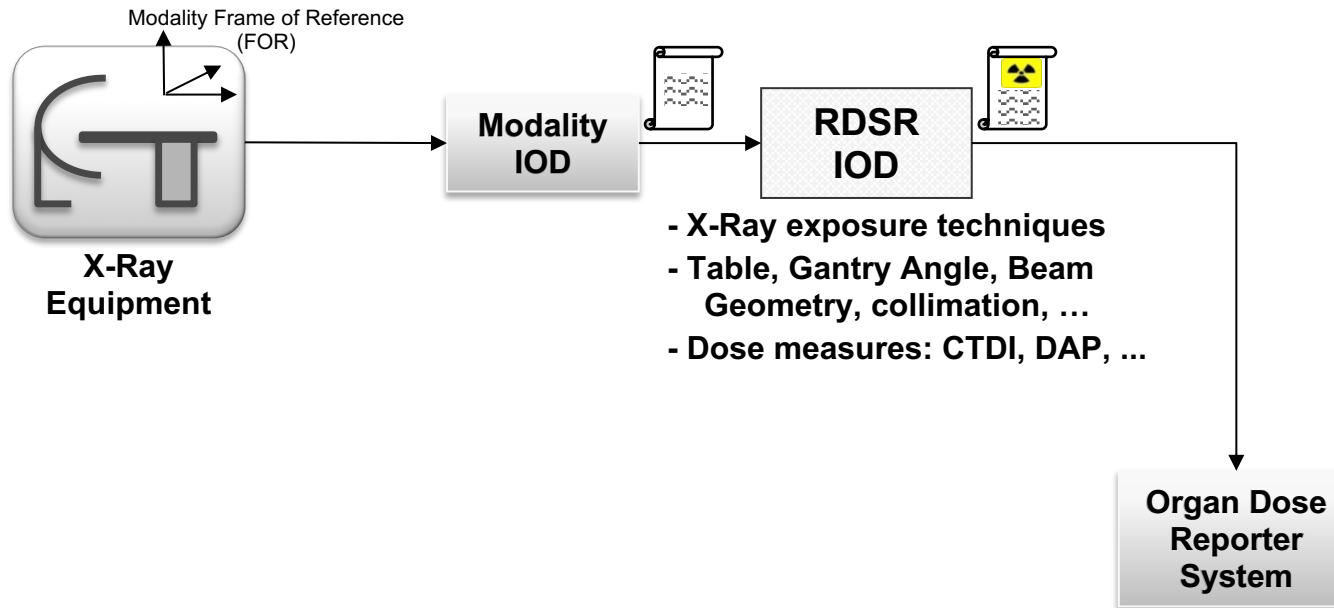
(JM Fernandez-Soto et al., 2016)

Sample of a radiochromic film image placed at the patient back in an interventional cardiology procedure (right) and two types of dose maps obtained from the DICOM RDSR for the same procedure. This also allows the estimation of the maximum dose at the skin entrance.



- Current Radiation Dose SR contains only information about the x-ray system or information the x-ray system can determine, e.g.:
  - radiation output, geometry, x-ray source, detector system, etc.
- Estimation of patient/organ dose requires knowledge of:
  - Radiation beam characteristics that interact with patient
  - Models of the patient/organs
  - Models of radiation interaction within the patient
- Methods to do patient dose estimations are being developed and improved continuously
  - storage of these estimations in a different object would allow more versatile utilization of the data

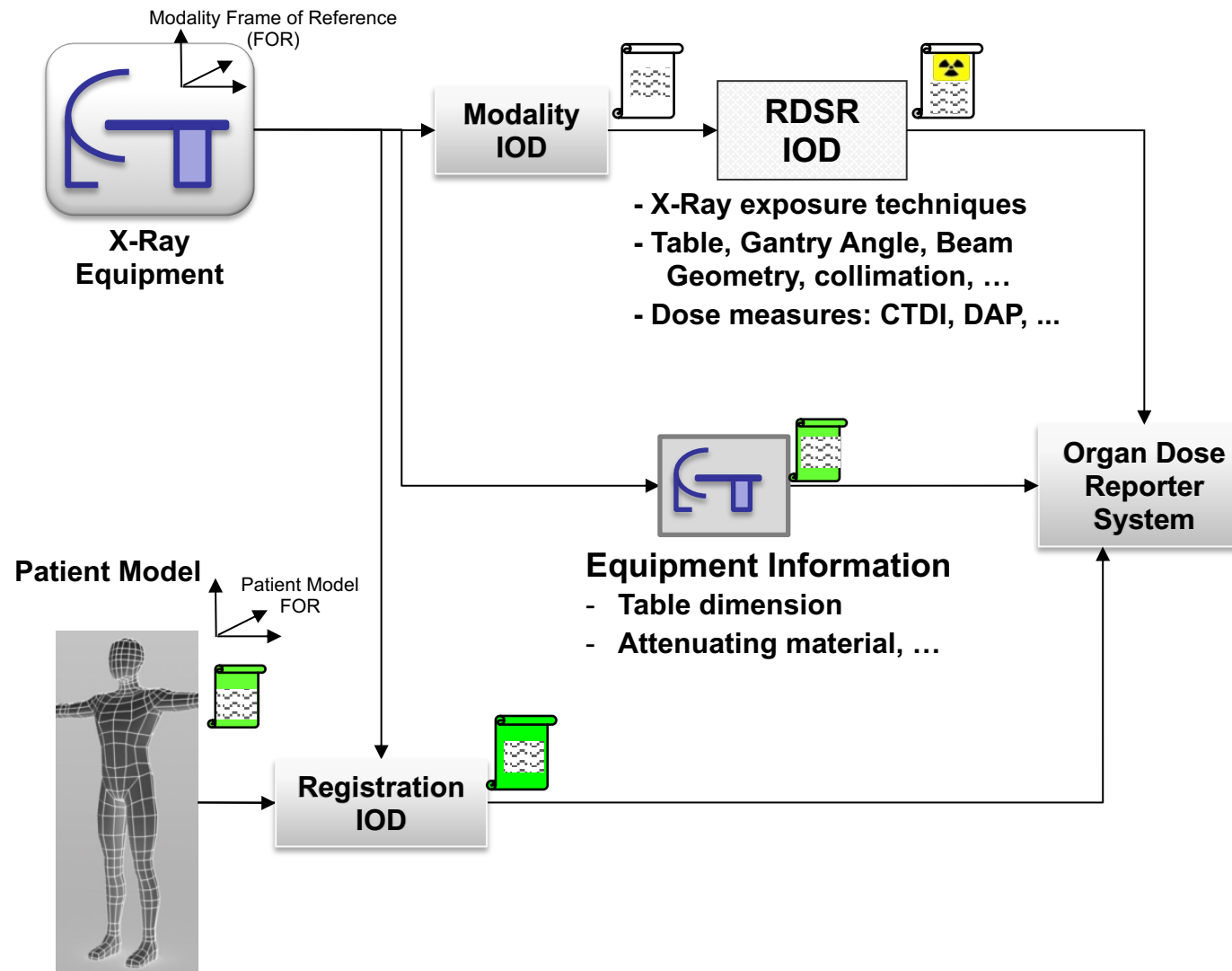
# Patient Dose Determination: Data Flow Requirements



Signifies part of Supplement 191 Patient RDSR



# Patient Dose Determination: Data Flow Requirements



# Patient Dose Determination: Data Flow Requirements

